

Below is a small sampling list of the many ministries available in our St Teresa of Avila Parish. We invite you to explore the opportunities below and consider if God may be leading you to engage and deepen your faith and spiritual growth this Lent by joining in one or several.

If you help organize a ministry at St Teresa and would like to have it added to this list, please contact Karen Rodier @ krodier@gmail.com.

MINISTRIES

SACRAMENTAL AND SPIRITUAL MINISTRIES

PENANCE & RECONCILIATION

Those who approach the sacrament of Penance obtain pardon from God's mercy for the offense committed against him, and are, at the same time, reconciled with the Church which they have wounded by their sins and which by charity, by example, and by prayer labors for their conversion.

[Catechism of the Catholic Church 1422](#)

Confession Times:

Sunday: 1:00pm- 1:45pm Spanish

Monday, Tuesday, Thursday, & Friday: 8:00am - 8:25am, 5:30pm - 5:55pm

Wednesday: 8:00am- 8:25am, 6:30pm- 7:30pm (Spanish)

Saturday: 8:00am - 8:25am, 3:00pm - 4:00pm

Appointments can be made by calling the Church Office. For more information, please contact the church office at [706-863-4956](tel:706-863-4956).

<https://www.st-teresa.com/sacraments/rites/reconciliation>

EUCCHARISTIC ADORATION

Spending time in Eucharistic Adoration provides a direct, intimate encounter with our Eucharistic Lord. It is an incredible way to hear the voice of God, meditate on his goodness and take a needed break from our busy lives. Outside of receiving Jesus in the Eucharist, making a Holy Hour with Jesus is the most important ministry the Church offers. A deep desire to spend quiet, personal time with Our Lord is the only skill needed! While it is desired to have volunteers dedicate 1 hour per week, we accept all levels of commitment. Start by visiting the day chapel for a few minutes of Adoration. Witness those who are there and feel the power of Jesus's presence. Then contact the ministry

coordinator for more information/sign-up. Our Lord wants us to make time for adoration for OUR benefit, NOT his. Step out in faith. You will not regret it. **Monday - Friday 9am-12noon** in the St. Teresa of Avila Day Chapel.

POC: Mary Carter marbcar@bellsouth.net

CENACLES OF THE MARIAN MOVEMENT OF PRIESTS (ENGLISH)

This long-standing prayer ministry, begun in the mid-to-late 1970s, is devoted entirely to supporting our priests through prayer. The group meets every **Tuesday around 9:30 a.m.**, following Mass and the Rosary, in the nursery room of the Activity Center. Together, members pray for priests and reflect on messages from Our Blessed Mother as shared in Fr. Stefano Gobbi's writings.

We pray for priests! That is our sole mission! Supporting our priests through group prayer and messages from Our Blessed Mother is the instrument to carry her voice to the hearts of her beloved children, her priests. If you feel called to pray faithfully for our priests, we warmly invite you to join us for about 45 minutes each week in this quiet, grace-filled ministry.

POC: Mary Carter marbcar@bellsouth.net

EMHC TO THE SICK AND HOME-BOUND

(EXTRAORDINARY MINISTERS OF HOLY COMMUNION)

This ministry allows the sick and home-bound to continue to receive the priceless gift of receiving the Body, Blood, Soul and Divinity of Jesus Christ. In addition, our ministry gives the communicant a feeling like they are connected to our parish by bringing them a copy of the church bulletin, information about what is going on in the parish, and the fact that a member of our parish visits them on a regular basis. We ask that you be available to take Communion to your communicant(s) once a week. Special training is offered and differs from that received for ministering at Mass. Virtus training is also required.

If you are interested in being a EMHC please contact the parish office <https://www.st-teresa.com/ministries/pastoral-care/emhc> or email Bernie Hulshof bhulshof4@yahoo.com

OUTREACH AND SERVICE MINISTRIES

CARING HANDS

This ministry shares Christ's love by providing meals to parishioners during times of illness, loss, surgery, or other hardships. Having a meal ready can be a true comfort and reminder that they are cared for by their church family. Meals are prepared in advance and stored in the church freezer,

making it easy to respond quickly when a need arises. The freezer is typically filled three to four times a year.

We also support the Chavis House by providing lunch for residents four times a year, offering encouragement to families with loved ones in the Burn Center. If you enjoy cooking or serving in a practical way, this ministry is a flexible, low-commitment opportunity to share your time and talents. We warmly invite you to join us in caring for others, one meal at a time.

*POC: Jane Behrend sbehrend@bellsouth.net
<https://www.st-teresa.com/ministries/parish-outreach/caring-hands>*

FRIENDLY VISIT MINISTRY

The mission of St. Teresa of Avila Friendly Visiting Ministry is to reach out with a friendly, weekly visit to parishioners who reside in independent, assisted living, or skilled nursing facilities. The visits bring hope, faith, and love to those who may be lonely and without family. Research tells us that sixty percent of residents in long-term care have no visitors. Friendly Visitor volunteers provide companionship, socialization, and mental stimulation to those they visit. It is a ministry of presence that supports the stewardship mission of our parish by reaching out in faith and friendship to reduce loneliness and isolation.

*POC: **Bernie Hulshof** Bhulshof4@comcast.net
<https://www.st-teresa.com/ministries/parish-outreach/friendly-visits>*

FOOD SUNDAY

Food Sunday is a monthly opportunity to live out the Gospel by helping feed those in need. On the second Sunday of each month, parishioners are invited to donate non-perishable food items at St. Teresa of Avila Church. A drop-off box is located in the narthex and is available at any time for donations. Items are **collected weekly and delivered monthly** to Catholic Social Services in South Augusta, where they help support individuals and families facing hardship.

Rooted in Christ's call in Matthew 25 to care for the hungry and vulnerable, this ministry serves not only those living in poverty, but also those experiencing illness, job loss, or unexpected difficulties. With a commitment of just **one to two hours a week**, volunteers make a meaningful impact by supporting the vital work of Catholic Social Services. We warmly invite you to take part in this simple yet powerful way to share compassion and hope with our neighbors.

*POC: Carlos Callazo [Contact Parish Office if Interested in helping.](#)
<https://www.st-teresa.com/ministries/community-outreach/food-sunday>*

BREAD MINISTRY

Join this meaningful ministry by helping deliver donated baked goods to local agencies that serve people in need. No prior experience is required—just a caring heart, reliable transportation to carry several boxes, and the ability to lift them. Your time and effort help ensure that nutritious food reaches those who truly need it. Every morning, volunteers from St. Teresa and other local Catholic Churches pick up day-old bread from Publix, Panera, and The Fresh Market and deliver it to Catholic Social Services, Columbia County Cares, and Augusta Rescue Mission.

POC: Michael Nowatkowski bread30813@gmail.com

<https://www.st-teresa.com/ministries/parish-outreach/bread-ministry>

THE MASTER'S TABLE

We are disciples of Christ following His words by "feeding the hungry" in our community, offering hope and a tangible expression of God's love. Volunteers experience the joy of giving while developing empathy, gratitude, and humility, connecting their faith with meaningful action. On the **2nd Wednesday of each month**, ministry members gather at the Master's Table Soup Kitchen, 842 Fenwick St. in downtown Augusta, to prepare and serve over 300 meals to needy people. There are **two shifts 8:30-10:30am, and 10:30-12:30PM.**

POC: Anne Marie Harvey harvey.annemarie@yahoo.com

<https://www.st-teresa.com/ministries/community-outreach/master-s-table>

SOUP KITCHEN

For more than 20 years, the Soup Kitchen Ministry has been a faithful presence in feeding the hungry in our community. Volunteers gather on the **fourth Saturday of each month at 9:30 a.m. in St. Teresa's Kitchen**, then travel downtown to serve meals to those in need. The day concludes around 1:30 p.m.

No special skills are required — just a willing heart, a readiness to serve where needed, and the ability to be on your feet for several hours. Sharing a smile, a kind word, and a spirit of joy is just as important as the work itself. We warmly invite you to join us in this hands-on ministry of compassion, offering nourishment, dignity, and Christ's love to our neighbors.

POC: Cricket Elam s.elam2016@comcast.net

<https://www.st-teresa.com/ministries/parish-outreach/soup-kitchen>

ROSARY MAKERS

The Rosary Makers Ministry shares Christ's love by creating handmade rosaries for those who may not have access to one, inviting them into prayer and deeper faith. The group meets on the **first and third Mondays of each month** in the Parish Life Center, where members assemble rosaries, prepare kits to take home, review completed rosaries for quality, and support one another in this meaningful work.

Helpful skills include an appreciation for the Rosary, a spirit of cooperation, attention to detail, and a desire to learn or share basic rosary-making skills, **however no prior experience is required** — all instruction and supplies are provided. Over the past 15 years, the ministry has distributed more than 17,000 rosaries to parishioners, schools, chaplains, and missions around the world, including those who are sick, homebound, in hospice care, or growing in faith. Participation is flexible, and all are warmly invited to join us in this prayerful and rewarding ministry.

*POC: Onsite Facilitator: Ellen White-Khazrai e.white.khazrai@gmail.com
<https://www.st-teresa.com/ministries/parish-outreach/rosary-makers>*

ADULT FORMATION AND EDUCATION MINISTRIES

THURSDAY NIGHT LITURGY STUDY

Participants meet every **Thursday at 6:45 p.m.** in Room 201 of the Activity Center to pray for special intentions, share moments of faith experiences, and read and discuss the Scripture readings for the following weekend Masses. This is a wonderful way to increase your knowledge and understanding of Holy Scripture, to get more out of Sunday Mass, and to get to know some of your fellow parishioners better. This ministry is especially suited for Confirmed adults who wish to gain a deeper understanding of the Mass.

*POC: John Vigna jvigna47@gmail.com
<https://www.st-teresa.com/religious-education/adult-education/adult-liturgy-studies>*

WOMEN'S GOSPEL ENCOUNTER GROUP

This contemplative Scripture ministry offers a prayerful reflection on the upcoming Sunday Gospel reading. Each gathering includes an opening prayer, proclamation of the Gospel, small-group discussion and sharing, and a closing prayer. All women, of all ages, are welcome. No prior knowledge or preparation is needed—there is no homework, only an openness to the guidance of the Holy Spirit. The heart of this ministry is encountering Jesus in Scripture and listening as He speaks to the heart. Meetings are held in Room 201 of the Activity Center from **6:45-8PM on the first and third Tuesdays of each month.**

POC: Colleen Lang langcolleen16@gmail.com

<https://www.st-teresa.com/religious-education/adult-education/adult-liturgy-studies>

PREPARING FOR THE SUNDAY'S READING

This Scripture discussion group focuses on reading and reflecting on the three readings for the upcoming Sunday Mass. Participants discuss the readings together, helping deepen understanding and preparation for hearing them proclaimed at Mass. All are welcome, and the only requirement is access to the Sunday readings through a missal, Bible, or online source. Gatherings are held on the 2nd, 4th, and 5th **Tuesdays from 6:45–8:00 p.m.** in Room 201 of the Activity Center.

POC: Helenann (Helen) Fouad [hfouad@mcleod.com](mailto:hfuad@mcleod.com)

<https://www.st-teresa.com/religious-education/adult-education/adult-liturgy-studies>

CHRISTLIFE

Have you ever thought about the meaning of life, the purpose of our existence? Or have you ever wondered what the Catholic Christian faith is all about? Maybe asking why Jesus is important for us now and what can possibly point to God's existence? ChristLife provides us with thought provoking responses to these and many more questions, exploring the basics of the Catholic Christian faith. It is an opportunity to grow in a living relationship with Jesus Christ and follow Him as missionary disciples. It is designed for anyone seeking to deepen their relationship with Jesus and discover practical ways to live out their faith. Typically run in seven week groupings, each session looks at a different question that people have had about the faith and is designed to promote honest and open conversations about life's biggest questions. If you are searching for answers, this can be the place to start.

Winter/Spring 2026 Sessions:

- **Tuesday mornings: 9:15–11:00 AM**
- **Wednesday evenings: 6:00–8:00 PM**

Between sessions, we plan to offer breakout studies focused on faith and discipleship for those who wish to continue meeting. You are welcome to join a current session, and new sessions will be forming in Fall 2026.

POC: GinaMarie Cody - ginamarie.cody@gmail.com or Karen Rodier - krodier@gmail.com

<https://www.st-teresa.com/religious-education/adult-education/christlife>

WALKING WITH PURPOSE BIBLE STUDY FOR WOMEN

Daytime Group

This women's Scripture ministry begins each **Thursday morning at 9:15 a.m.** with fellowship, followed by a hymn and opening prayer, and then small-group discussion of the week's lesson. The ministry is open to all women who desire to grow closer to Jesus through Scripture and meaningful connection with other Catholic women.

The group is truly intergenerational, welcoming women from ages 18 to 90, including lifelong Catholics and those newly exploring the faith. It is a beautiful cycle: seasoned members guide those new to the Word, while the honest questions of our beginners inspire everyone to seek a deeper understanding. Open enrollment allows women to join at any time, with lessons designed so participants can step in and feel at home right away. No prior biblical experience is required.

Trained leaders foster a supportive, welcoming environment where each woman is valued as a Sister in Christ and encouraged to grow at her own pace. Your presence is a gift to us, regardless of where you are on your path. As iron sharpens iron, so one person sharpens another. (Proverbs 27:17) this ministry ensures no woman walks her faith journey alone. Through shared prayer, study, and fellowship, women grow in confidence, deepen their relationship with God, and form lasting bonds of sisterhood that extend beyond the weekly gathering. **Thursdays 9:15-11:15 September through March** at the Activity Center.

*POC: Kate Curkovic and Jeannine Eckert---WomensBibleStudySTA@gmail.com
<https://www.st-teresa.com/religious-education/adult-education/women-s-bible-study>*

Evening Group

Walking with Purpose Bible studies help women grow closer to Christ as they lean on truths found in Scripture to live joy-filled lives. Gatherings are discussion-based, focusing on the current week's lesson from a study written by Lisa Brenninkmeyer. No prior Biblical knowledge is required, and all women are welcome to participate, grow in faith, and build meaningful connections within a supportive community. **Monday night for 22 weeks** at the Activity Center in Room 201 from 6:45 pm to 8 pm.

*POC: Helenann (Helen) Fouad hfouad@mcleod.com
<https://www.st-teresa.com/religious-education/adult-education/women-s-bible-study>*

MEN'S BIBLE STUDY

This men's faith formation ministry focuses on Scripture, Church teaching, liturgy, prayer, and spiritual growth through in-depth Bible study. Open to adult men over 18 who are Confirmed, the program offers a welcoming environment for learning and fellowship. Each session includes a hymn, prayer, faith-based discussion, a presentation on a saint, a priest-led video, small-group sharing, and a closing prayer.

Participants are asked to purchase a study guide, typically available through the church. A Bible is required, and having a Catechism is helpful; extra copies are available for use during sessions. Rooted in the belief that Scripture is the best instruction for life and a source of true joy, this study supports men in deepening their faith and living it more fully.

Meetings are held in the Education Building, Rooms 10 and 11, on **Wednesdays at 9:15 a.m. or 6:28 p.m.** The program runs for approximately 30 weeks.

POC: Chris Eckert cctennis@aol.com

<https://www.st-teresa.com/religious-education/adult-education/men-s-bible-study>

CABRINI CIRCLE

"To know, to love, to serve..." Cabrini Circle is a group of women hungry for the things of God, gathered in a spirit of faith and fellowship. All adult women are welcome, and no prior knowledge is needed. Each woman is met where she is spiritually, and great joy is found in supporting one another as we grow in knowledge, faith, and love of God. Minors are welcome when accompanied by a parent or legal guardian at all times.

Members range in age from nineteen to eighty-plus and include women who have been exploring Sacred Scripture their entire lives as well as those with no experience studying the Bible. Each gathering begins with refreshments and fellowship, and every lesson opens and closes with prayer.

The group uses study guides from the Catholic Scripture Study series published by TAN Books, along with the Bible, the Catechism of the Catholic Church, and the lives of the saints, to explore Church teaching and how it applies to everyday life and our journey as Catholics.

Cabrini Circle meets on **Friday mornings from 9:45-11:45am** in the education building. Generally, our meetings are held weekly from late August through the beginning of May.

POC: Kelli Martin kelli.t.martin@hotmail.com